City of Port Washington Recreation Department









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# PORT WASHINGTON RECREATION IS A PROUD MEMBER OF:



SO EVERYONE CAN PLAY





### OFFICE INFORMATION

### **Recreation Office**

201 N. Webster Street M-F | 8:00 AM - 4:00 PM Phone: (262) 284-5881 Fax: (262) 284-7678

### Website

www.portwashingtonwi.gov

### **Parks and Recreation General Email**

parksandrec@portwashingtonwi.gov

### **Parks & Forestry Phone**

(262) 284-2600

### RECREATION STAFF

### **Tyler Mentzel**

Recreation Director tmentzel@portwashingtonwi.gov

### **Beth MacDonald**

Program Manager-Recreation bmacdonald@portwashingtonwi.gov

### **Tina Binns**

Theatre Director theatredirector@portwashingtonwi.gov

### **PARKS & RECREATION BOARD**

Michael Gasper (Chair/Alderperson)
Patric Tearney (Alderperson)
Jim Karrels (Secretary)
Anthony Davenport
Erin Brewster
Madeline Binsfield
Dan Ross

### **4 EASY WAYS TO REGISTER**

- Proof of City of Port Washington residency must be shown at resident registration.
- Registration is on a first come, first served basis until the maximum number of participants is reached
- Mail in and Drop Box registrations will be processed AFTER in person and online registrations.
- If there are not enough registrants to run a program 3 days prior to the start of the program, it will be cancelled. Avoid regret by registering early!

### #1 - Register Online

You can view programs, review details, check availability, and register from the comfort of your own home 24/7!

Step 1: Visit our website - portwashingtonwi.gov -> Departments -> Parks and Recreation

**Step 2:** Register now button on the left hand side

Step 3: Sign In/Create an account

(New members please allow 24 hours for account approval)

**Step 4:** Register for programs or enroll in memberships

Step 5: Make Payment

### #2 - Register by Mail

Mail in registrations will be processed as they are received for residents and non-residents. Mail completed registration form with payment to:
Port Washington Recreation Department
201 N Webster Street
Port Washignton, WI 53074

### #3 - Office Dropbox

A 24 hour drop box is located at the Recreation Office door, 201 N Webster Street. Drop box registrations must include registration form and payment.

### #4 - Register In-Person

You can register in person at the Recreation Office (201 N Webster St) during our normal office hours. A registration form must be completed and payment made at the time of registration.

### **REGISTRATION**

# FALL REGISTRATION OPENS: WEDNESDAY, AUG 14

# PARKS & RECREATION MISSION STATEMENT

To improve the quality of life for all residents of Port Washington by facilitating leisure and cultural activities, special events, and services that promote mental and physical health, self development, and community involvement. The department will also strive to sustain and enhance our natural environment through careful planning and maintenance of the parks and open spaces.

# CITY OF PORT WASHINGTON COMMUNITY UNITY STATEMENT

The City of Port Washington recognizes that we need to come together as a community and find solutions to injustices that have occurred for too long. The City supports open doors to respectful and productive conversations with all. We are ready to work with you, talk with you, and listen to you. We will work together to promote and normalize equity, inclusion, and the celebration of diverse identities.



### **POLICIES**

### Residency

A resident is anyone who lives within the boundaries of the City of Port Washington. Any person residing outside these limits will be considered a non-resident and assessed a fee accordingly. In cases where the program utilizes a Port Washington/Saukville School District facility, a resident shall be defined as persons living within that District

### **Non-Resident Pricing**

Non-resident fees will be more than the resident program, membership and rental rates. Non-residents who register using false information will forfeit their right to participate in the activity, and no refund will be issued.

### **Program Refund Policy**

All refunds will follow the Finance Department's bill paying schedule. Refunds will only be made under the following circumstances: 1) the request is made at least 7 days in advance of the first class or league schedule being released, provided it does not reduce the participation level below the minimum required class size, 2) when the participant becomes ill and a doctor's statement is presented, and 3) when the class is cancelled due to lack of enrollment.

A \$5.00 processing fee will be charged for each request, except when the class is cancelled.

### **Park & Facility Rental Refund Policy**

Cancellations made sixty(60) or more days in advance of rental date will receive 100% refund minus a \$10.00 processing fee. Refunds will not be issued due to rainouts or inclement weather or for cancellations made less than 60 days in advance.

### Tobacco/Alcohol Use

The use of all tobacco products or consumption of alcoholic beverages on premises owned by the Port Washington/Saukville School District is prohibited by state law.

### **Inclement Weather**

Due to circumstances beyond our control, such as weather, some classes or activities may be cancelled. Parents should use their own discretion about sending children if weather conditions are questionable. We will do our best to send out notification about cancellations 2 hours before the start of the program whenever possible. We do not offer refunds for singular classes cancelled due to weather related events.

### **Photography**

The Port Washington Recreation Department uses photos & videos of participants for promotional purposes. By participating in events/programs you are giving us permission to use your photo in media publications. If you do not want your picture taken or used in publications or advertisements, please contact the office at 262-284-5881.

### **Deadlines for Registration**

Registrations for instructional programs will not be accepted after the class has begun.

### **On-Site Registration**

Instructors will NOT accept registrations at the class site. Fees must be paid prior to participation; proof of registration may be required at class. No phone registrations accepted.

### **Waiting List**

A waiting list will be started once the program has reached the maximum number of participants. Payment is not accepted and participation is not guaranteed at this time. If a vacancy occurs, participants will be called in the order of registration and full payment will need to be made at the time of registration.

### **Age Requirements**

Age requirements will be as of the date of the first class. The participant may be transferred to the correct level provided there are openings or the class fee may be refunded. A \$5.00 processing fee will be assessed if refunded.

### **Class Observation**

Our instructors have found that a child's quality of instruction is affected by a parent and/or sibling distractions and interruptions. Please feel free to talk to the instructor before or after class.

### Insurance

The Recreation Department does not provide hospital/medical insurance coverage for people participating in sponsored activities.

### **Concussion Form**

The Port Washington Recreation Department requires all participants to review the Concussion Awareness Information prior to registration. This information can be found on our website at **www.portwashingtonwi.gov**.

### YOUTH PROGRAMS

### **Tiny Twirlers**

This dance class focuses on muscle development, coordination, listening skills, creativity, and musicality through fun and creative dance activities. This class uses elements of multiple dance styles, and dance games to get your kids movin' to the beat!

**Location: Rec Center Fitness Studio** 

Ages: 3-6

Activity # | Dates | Days | Time | Fees

1918 | 10/5-11/9 | S | 9:15-10:00 A | \$60 R/\$75 NR

### 1st & 2nd Grade Basketball

Our youth basketball camp will teach your child the basics and the fundamental skills of basketball. Kids will learn basic ball handling skills through fun and interactive games.

NO Program on 10/8. Location: TJMS Gym

Activity # | Dates | Days | Time | Fees

1909 | 9/17-10/29 | T | 5:30-6:30P | \$75 R/\$90 NR

### Gymnastics

Our gymnastics program is built to allow students to enter into the sport and work their way up through progressive levels. Students learn and master skills while building confidence in multiple areas. Our levels begin with Parent and Me for children as young as 3 and progress through Middle School. We also offer open gym for gymnasts in 7th - 12th grade.

Ages: 3 - 18 Instructor: Gale Sigler & PWRD Staff

Location: PWHS Gymnastics Room

Dates - 9/17-10/30, NO Program 10/8 or 10/9

Fees:

Parent and Me, Bouncing Bugs: \$50 R/\$60 NR

Level 1-Middle School: \$75 R/\$90 NR



DAYS	P&M 5:30-6:00P	BOUNCING BUGS 6:05-6:55P	LEVEL 1 5:30-6:30P	LEVEL 2 7:00-8:00P	LEVEL 3 6:30-7:30P	MIDDLE SCHOOL 7:30-8:30P
TUES			1912		1914	1915
WEDS	1910	1911		1913		

# Tumble-Time for Tots!



This is a special time for parents to come play with their little ones!

There will be mats and tumble equipment set up in our fitness studio for kids ages 5 and under to use up some of that energy before nap time.

\*\*Parents are required to supervise children during Tumble Time\*\*

Mon & Weds 9:30-11:30 AM \$3 per day \$75 for a season pass Jan-Apr

### **Babysitter Training Course**

This class will provide boys and girls, ages 11 and older, with the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians. Instructed by a Certified American Red Cross Babysitter Training Instructor.

Ages: 11+ Instructor: Jessica Heller

**Location: Rec Center** 

Activity # | Dates | Days | Time | Fees 1908 | 9/14 | S | 8:30A-3:30P | \$100 R/\$110 NR 1922 | 11/2 | S | 8:30A-3:30P | \$100 R/\$110 NR



### **ADULT PROGRAMS**







### **Cookie Decorating Classes**

We are excited to partner with Frosted Flour Cookie Co to offer a variety of cookie decorating classes! During the class participants will receive "naked" cookies and be given step by step instructions to create frosted cookie masterpieces. All supplies are provided. More detailed descriptions of each class can be found online.

### Add on options:

- -Take home "naked" cookies
- -Take home Basic Kit (cookies and icing)
- -Take Home Deluxe Kit cookies, icing, cookie cutters, icing and cookie recipes, & instructions

Activity #   Class Theme   Ages   Dates   Time   Fees
1916   Friday Night Lights   16+   Fri 9/27  6:00 P   \$55
1917   Apple Harvest   16+   Mon 9/30   6:00 P   \$65
1919   Halloween   16+   Fri 10/25   6:00 P   \$65

### **Retirement Planning Class**

This class will help to provide you with a clear plan for how you can successfully retire. The class includes a consultation and financial plan as well as information regarding social security, estate planning, life planning, investments, and more. Each registration includes a textbook and informational materials. Each individual registered may bring 1 guest (only the registered participant will receive materials).

Ages: 45+

Instructor: Haly Besaw CFP, ADPA, CRPC

**Locations: Rec Center** 

Activity	/#	Dates	Da	ays	Time		Fees		
1905	9/7	7-9/21	S	9:0	00-11:30	4	\$59		
1906	9/	10-9/24	T	6:0	00-8:30P	Τ	\$59		

### Men's Basketball League

Rally the guys and get on the court! This men's league is for fun team basketball play.

Ages: 18+

**Location: PWHS Auxiliary Gym** 

Activity # | Dates | Days | Time | Fees 1923 | 11/7 - | TR | 7:00-10:00P | \$675

### **Parenting Class**

Parenting the Love and Logic Way ® Join Kelsey Wolf, Facilitator of Parenting the Love and Logic Way ®, to learn valuable parenting approaches to bring joy and cooperation to your household. With proven tactics to end arguing, teach responsibility, avoid power-struggles, and guide kids to problem solve, you can look forward to bringing more harmony, love and FUN to your family. Get a flavor for some of the topics on Instagram @happy\_home\_parenting\_co.

Instructor: Kelsey Wolf Locations: Rec Center

Activity =	#	Dates	Da	iys	Time	Fees	
1907	10	/01 - 11/	05	Τ	5:00 -	6:00 PM	\$100
1924	11	/12 - 12/	17	Т	5:00 -	6:00 PM	\$100



### THEATRE

\*NEW\* Port Teen Theatre Presents:



Open to all teens Grades 6-11 Registration opens Oct 9, 2024 @ 6 PM

Activity # 1920-1921

Auditions Nov 6-7, 2024

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### **PORT FITNESS**



### **ALL LEVEL YOGA**

Yoga postures are modified to accommodate all levels and conditions, offering both beginners and experienced students with a satisfying practice that will improve strength, balance and flexibility as well as bring more awareness to body and breath.

### MONDAY

**7:45-8:45 AM** Be3 Cycle - Begins Nov. 4 **6:00-7:00 PM** Be3 Cycle Begins Nov 4

### **TUESDAY**

9:00 - 10:00 AM All Level Yoga

### WEDNESDAY

**7:45-8:45 AM** Be3 Cycle - Begins Nov. 4 **6:00-7:00 PM** Be3 Cycle - Begins Nov. 4

### **THURSDAY**

9:00 - 10:00 AM All Level Yoga

### SATURDAY

8:00 - 9:00 AM Be3 Cycle - Begins Nov. 4

Sign up for a class card at any time!
Class cards may be purchased online at
portwashington.recdesk.com, in person at the Rec
Office or prior to the beginning of class with a
completed registration form and payment.

### **Class Card Pricing**

1 Class = \$10

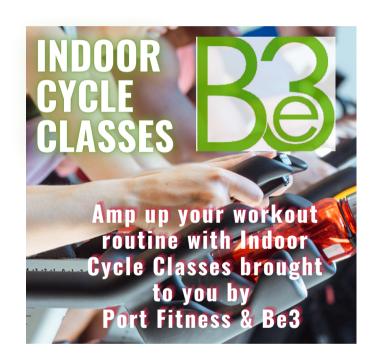
5 Classes = \$45

10 Classes = \$80

20 Classes = \$120

New Student 2 Week Unlimited = \$20

Class-packs expire 1 year after purchase date. Non-refundable. Non-transferable.



### SENIOR PROGRAMS

### **FOR ADULTS 50+**

### **Qigong for Meditation & Relaxation**

**Location:** Senior Center

This class is for those who want to focus on meditation, gentle movement, chi sensing, flexibility, and joint mobility. "Qigong" literally meaning "energywork", uses mindful breathing and exercise to balance our energy, circulate the chi, and improve health. There are various health sets we will learn with the goal of gently working the fasci, joints, acupressure points, and balancing the mind-body.

**Registration Deadline: April 3** 

Dates | Days | Time | Member/Non-member Fees 8/29-10/18 | W | 10:00A |\$50/\$60 per session

### Chair Yoga

**Location:** Senior Center

Optum, Silver Sneaker, & Silver Fit approved Please provide insurance WELLNESS PROGRAM number to the office when registering

Chair Yoga is a gentle form of yoga that is practiced sitting on a chair or standing using a chair for support. A Yoga mat is recommended, and shoes are optional. Maximum of 14 participants.

Session 1 Registration Deadline: 8/16 and 8/26 Session 2 Registration Deadline:10/18 and 10/21

Dates | Days | Time | Member/Non-member Fees 8/20-10/15 | T | 10:00A |\$30/\$40 per session 10/22-12/17 | T | 10:00A |\$30/\$40 per session 8/29-10/17 | TR | 10:00A |\$30/\$40 per session 10/24-12/19 | TR | 10:00A |\$30/\$40 per session

### **SENIOR PROGRAMS**

**FOR ADULTS 50+** 

### **ADULT COMMUNITY SENIOR CENTER**

403 W. Foster St. Port Washington, WI Monday - Thursday, 8:30 a.m. - 4:00 p.m. Friday, 8:30 a.m. - 2:00 p.m. 262-284-5821

Recreation, Education, & Wellness for Adults 50 + years young, open to the Port Washington and surrounding communities

### Tai Chi Fundamentals®

**Location:** Senior Center

Tai Chi Fundamentals focuses on increasing balance, joint range of motion, strength, flexibility, and self-awareness in a gentle, flowing, low-impact way. As a whole-person approach to health and wellness, we will cover the basic moves of TCF, as well as practice moving and standing meditations such as gather the light, gather the stars, sensing and engaging our qi, and horse stance. Learn the tai chi "power stance" for stability, as well as reflect together on basic principles of tai chi movement and mindset for mind-body harmony.

**Registration Deadline: Oct 18** 

Dates | Days | Time | Member/Non-member Fees 10/25-12/20 | F | 10:00A | \$50/\$60 per session

### Hatha Flow Yoga

**Location:** Senior Center

This level one Yoga course will focus on the slow flow of the poses, breathwork, and meditation. The benefits of yoga include tension relief, deep breathing, and stress management. Bring a beach towel or your own mat, water bottle, a towel or small blanket to lift the hips while working in seated postures and wear loose fitting clothes. Maximum of 14 participants.

**Registration Deadline Sept. 30** 

Dates | Days | Time | Member/Non-member Fees 10/2-11/13 | W | 6:30P | \$60/\$70 per session or \$12 drop in

### Piano Lessons by Appointment

Lessons are offered Year-Round. Please call the office if you would like to take piano lessons to get connected to the instructor for lessons

Days | Time | Member/Non-member Fees T | 9:00A - 1:00P | \$30 per half hour

### Friday Book Talk at WJ Niederkorn Library

Read and discuss a variety of genres such as domestic & historical fiction, memoir, & WWII history Non-Fiction. **Meetings will be on Fridays at 9:30 AM.** 

Date | Book Title 9/13 | Letters from Clara by Janet Newman

### Book Discussions with Delta Kappa Gamma

Reading and discussion on the following books: **Sept:** A Calamity of Souls; **Oct:** Letters from Clara; **Nov:** TBD. Register by 1 week prior to the meeting.

Date	s	Days	Time   Member/Non-member Fees				
9/2	4	T	9:30-10	0:30 A	free/\$3 per meet		
10/2	22	T	9:30-1	0:30 A	free/\$3 per meet		
11/2	26	ΙT	9:30-1	0:30 A	free/\$3 per meet		

### Craft Fair on the Corner

This is the major fundraiser for our programs for the following year. Plan to attend to browse the 12 plus vendors and the Senior Center member craft items. There will be bakery and lunch items for sale to make it a day! More details will be available by early October.

Day | Time | Date | S | 9:00A - 2:00P | 11/9

### SENIOR PROGRAMS

### **FOR ADULTS 50+**

### Lakeside Tea Society Speaker Program

### The Bingo Queens of Onieda

Join Wisconsin Historical Society author Mike Hoeft as the tells the story of Sandra Ninham and Alma Webster, the Oneida women who, in 1976, introduced bingo to the Oneida Indian Reservation. He worked for 23 years on staff in the newsroom of the Green Bay Press-Gazette.

Max of 42 attendees.

**Registration Deadline: 9/12** 

Date | Day | Time | Member/Non-member Fees 9/18 | W | 1:30-3:00 PM | \$7/\$12

### **Stone Houses**

Join the Luxembourg American Society staff, Caitlin Armstrong, as she shares history on the practice of stone architecture in Europe that was brought to the United States when families began to emigrate in the mid to late 1800s. This presentation will uncover the mystery of Luxembourg stone house architecture, investigate a few local stone houses, and learn what life was like for these early settlers.

Max of 42 attendees.

Registration Deadline: 10/10

Date | Day | Time | Member/Non-member Fees 10/16 | W | 1:30-3:00 PM | \$7/\$12

### September is Senior Center Month! Theme is Powering Connections

Join us for these events to power connections with travel, historical literature, health, technology and finances

### Travel Show with Collette

Come and learn about the exciting extended travel for 2025. Included will be Explore Northern Italy – Featuring Venice, Verona & the Dolomites and a Domestic Holiday Offering TBA. Presented by Katie Ganshert.

Date | Day | Time | Member/Non-member Fees 9/5 | TR | 1:00 PM | Free/\$3

### Stomach Health

Topic presented by Aurora Healthcare.

**Registration Deadline: Sept 19** 

Max of 24 participants

Date | Day | Time 9/23 | M | 1:00-2:00 PM

### Welcome to Medicare

Topic presented by Ashley Mutsch from the ADRC. Please reserve your space to ensure materials are available for you by calling 262-284-5821

**Registration Deadline: Sept 19** 

Date | Day | Time 9/25 | W | 4:30-6:30 PM

### **Author Talk - Janet Newman**

Join us at W.J. Niederkorn Library to hear the perspectives of author Janet Newman on her book, Letters from Clara. Based on one intrepid woman's travels on the eve of war (1936-1939). Despite limited financial means, Clara Pagel was richly resourceful and used the YWCA network to find work and places to live in the Far East, along the way meeting other women also working their way around the world. As Clara described in letters to her YWCA friends back home, her sojourn was filled with museums and world-famous landmarks, as well as typhoons, bombings, and earthquakes. Her writing shines a light on fascinating people.

Registration Deadline: Sept 11

**Streaming Option -**

**Date:** Monday, Sept 16 at 1:30-2:30 **Speaker:** Alyssa from the Library

**Registration Deadline:** Sept 13 with maximum

of 20

Date | Day | Time | Member/Non-member Fees 9/13 | F | 10:00 AM or 4:00 PM| Free/\$3

### **FACILITY RENTALS**

## Rent the Rec Center



The Rec Center is the perfect venue for birthday parties, bridal/baby showers, family reunions or as a general meeting space.

Location: 201 N Webster St

**Electricity:** Yes

Tables w/chairs: 8 banquet, 2 folding

Capacity: 80

Kitchen: Fridge, sink, counters, microwave

**Additional Fun:** Tumbling Activity Set (add on fee \$30)

Rental fee: R: \$120 / NR:\$175

Security Deposit: \$40 security deposit

\$40 deposit refunded after rental so long as the facility is left clean

with no damages

Contact our office today!



# Join us on Saturday Sept 28 for our Touch-a-Truck event! This pop up event is free to attend and will be held in the Pirates' Hollow parking lot from 11:00 AM - 1:00 PM. Attendees will be able to touch, climb, sit in, and ask questions about their favorite trucks in a safe, supervised environment. Accompanying personnel will teach attendees about the vehicles displayed, how they work, and how they help our local community.



# HUNTIN' FOR PUMPKINS



Friday October 25th

PRE-REGISTRATION REQUIRED

REGISTRATION DEADLINE: 10/19 @ 12:00 PM

LOCATION
Upper Lake Park
Area 6

**Kiwanis** 

\$10/Resident Child \$15/Non-Resident Child, Parents are free | pumpkins | hot cider | maze | pumpkin decorating | candy | pumpkin hunt | photos w/VIP photography |



www.portwashingtonwi.gov

